

REGISTRATION: Cost **£210** if paid in full by March 31st 2009, or **£240** if paid from 1st April. This includes teas and coffees during breaks and admission to all lectures. Lunch is available at a cost of **£16.50** per meal. Please note that this needs to be pre-paid with your registration form. Bursaries may be available for those in need of assistance; please contact the Administrator for details. Contributions to the bursary fund are gratefully received.

VENUE: The Brunei Gallery, School of Oriental and African Studies, 10 Thornhaugh St., Russell Square, London WC1H 0XG

Nearest tube: Russell Square

Details of accommodation, transport and directions are available from our website.

CPD: The Conference counts towards the continuing professional development requirements of many professional practitioner organisations.

CONTACT ADMINISTRATOR FOR FURTHER DETAILS:

Agnesia Agrella (Conference Administrator), Flat 11, 1 Hawkhill Close, Edinburgh EH7 6AB, Scotland

Tel: +44(0)131 656 9199

Email: info@breathoflifeconference.co.uk

Website: www.breathoflifeconference.co.uk

The Breath of Life

CONFERENCE · LONDON

Saturday 23rd & Sunday 24th May 2009
at The Brunei Gallery, Russell Square, London WC1

The Conference will explore key factors that organise how we function, beyond just the physical form. It is intended to provide a forum and meeting place for exchanging ideas at the cutting edge of holistic healthcare

The Breath of Life Conference

23rd & 24th May 2009, The Brunei Gallery, London, WC1

REGISTRATION FORM (Please use CAPITAL LETTERS)

TITLE & FIRST NAME _____ LAST NAME _____

ADDRESS _____ TOWN _____

COUNTY _____ POSTCODE/ZIP _____ COUNTRY _____

TEL _____ EMAIL _____

I would like lunch on 23rd May 24th May Please indicate if vegetarian meal required

Cost: £210 if paid in full by March 31st 2009, or £240 if paid from 1st April. Lunch: £16.50 per day

Conference fee £ _____

Lunches at £16.50 per day £ _____

A donation towards the Conference bursary fund £ _____

TOTAL £ _____ Signed _____

I enclose cheque payable to: *Breath of Life Conference.*

Or, you may pay by bank transfer – please contact our administrator for details.

Date _____

Please send to: **Agnesia Agrella (Conference Administrator)**

Flat 11, 1 Hawkhill Close, Edinburgh EH7 6AB, Scotland. Tel: +44(0)131 656 9199



The Breath of Life Conference is sponsored by:



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www.breathoflifeconference.co.uk

8.30 - 9.20: Registration

9.30: Welcome & Introduction
by Michael Kern/Jane Shaw

9.35 - 11.00: 'Love or Trauma: Insights from the Polyvagal Theory'
by Prof. Stephen Porges –



professor of psychiatry at the University of Illinois, director of the Brain-Body Center and author of numerous papers on physiology and psychology. His discoveries of 'The Polyvagal Theory' and 'Social Engagement System' give new insights into how the autonomic nervous system functions.

11.00 - 11.30: Break

11.30 - 13.00: 'Embryogenesis: a Myth for our Times' by Katherine Ukleja –



graduated in osteopathy and currently a course-coordinator at the Karuna Institute, a senior tutor for the Craniosacral Therapy Educational Trust and highly regarded teacher of biodynamic craniosacral trainings in England, USA, Switzerland and Russia.

13.00 - 14.45: Lunch

Conference Facilitators



Michael Kern – osteopath, craniosacral therapist, naturopath and course director of the Craniosacral Therapy Educational Trust, international teacher of biodynamic craniosacral therapy and osteopathy, and author of *Wisdom In The Body - The Craniosacral Approach To Essential Health*, now available in eight languages.

Jane Shaw – craniosacral therapist with a practice in London and tutor on practitioner trainings. She is a former director of a leading London public relations agency, specialising in high profile events, international brands and media relations.

Between 14.10 - 14.40:
Chi Kung class with Fatima da Silva

14.45 - 16.15: 'Cruising Emptiness'
by Gabrielle Roth –



internationally renowned artist, philosopher, teacher and dancer. She is the originator of 5Rhythms®, a movement practice for spiritual awakening, and author of the

best-selling books *Maps to Ecstasy*, *Sweat Your Prayers* and *Connections: The 5 Threads of Intuitive Wisdom*.

16.15 - 16.45: Break

16.45 - 18.15: 'What are your Organs Thinking?' by Jean-Pierre Barral –



doctor of osteopathy and former director of the Department of Osteopathic Manipulation at the University of Paris School of Medicine. A world-renowned

teacher whose published works include *Visceral Manipulation*, *Visceral Manipulation II*, *The Thorax*, *Urogenital Manipulation*, *Manual Thermal Diagnosis*, and *Osteopathic Approach to Trauma: Focus on Whiplash*.

18.15 Close

9.30: Opening by
Jane Shaw/Michael Kern

9.30 - 11.00: 'Relationship: the Art of Being' by Hugh Milne –



craniosacral therapist, osteopath and naturopath, leading international teacher of 'Visionary Craniosacral Work', and author of *The Heart of Listening Vols. 1 & 2* and *The God that Failed*.

11.00 - 11.30: Break

11.30 - 13.00: 'Trauma and the Human Condition' by Dr. Anngwyn St. Just –



psychotherapist, somatic educator and director of the Arizona Center for Social Trauma. She maintained a long co-creative relationship with Peter Levine, and teaches extensively about innovative ways of healing personal & social trauma. Author of many articles and *Relative Balance in an Unstable World: A Search for New Models of Trauma Education and Recovery*.

About the Conference

The Conference will explore the subtleties of working in the field of holistic health from differing perspectives, including mind-body relationships, craniosacral therapy, osteopathy, embryology, physiology and working with trauma. Each speaker will talk individually and a panel discussion will complete the weekend. The Conference will bring together practitioners of different training backgrounds in an informal environment. It is open to all.

Post-Conference Workshop

'The Polyvagal Theory' with Prof. Stephen Porges

An opportunity to study with the developer of new understandings of the autonomic nervous system that have great implications for mind-body therapies. Practical exercises will be included to help apply the information in therapeutic practice. London, **May 25th/26th 2009** – open to all. Cost: **£175/£195**. Please contact our administrator for details, or visit our website: www.breathoflifeconference.co.uk

13.00 - 14.45: Lunch

Between 14.10 - 14.40:
Chi Kung class with Fatima da Silva

14.45 - 16.15: 'Morphic Resonance and Morphic Fields'
by Dr. Rupert Sheldrake –



biologist and author of more than seventy-five papers in scientific journals. His books include *A New Science of Life*, *The Presence of the Past*, *Seven*

Experiments that Could Change the World, *Dogs That Know When Their Owners Are Coming Home* and *The Extended Mind*.

16.15 - 16.45: Break

16.45 - 18.00: Panel discussion
with all the speakers

18.00: Close of Conference

